



La Crescent Montessori & STEM School
Minnesota Public Charter School District 4054 1116 South
Oak Street
La Crescent, MN 55947
507-895-4054 (Phone), 507-895-4064 (Fax)

2022-2023 Safe Learning Plan

Here is the newest edition of our Safe Learning Plan. Please don't hesitate to call and discuss any questions you may have. The plan below is based on recommendations from local public health, the Minnesota Department of Health, and the CDC. The CDC notes that schools are considered low-risk settings and therefore recommends lighter mitigation methods than other public spaces. LMSS will consult with these agencies throughout the year. If recommendations or our situation changes, we will modify this plan and send notice to families as soon as possible.

Standard Mitigation Methods:

- Nightly cleaning and sanitation of high-traffic areas
 - Lessons/expectations on handwashing and health etiquette
 - Appropriate HVAC systems and air filters in each classroom
 - Adequate space for social distancing as needed
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1. Should my child wear a mask?

- Masking is recommended for all students and staff at LMSS, but it is not a requirement. Unless your child tests positive for COVID-19 (see below).
- If your child tests positive for COVID-19, they will be required to wear a mask 10-days post symptom onset or test date if they are not showing any symptoms. Please communicate with Miss Kate to determine return dates/plans.
- You may choose to wear masks after a trip, family gathering, or other potential exposure. Please communicate with your child's teacher if you'd like help reinforcing expectations at school.

2. What to do if your child is sick?

- As always, if your child has a fever, diarrhea, or vomiting, they must stay home until they are fever, diarrhea, or vomit-free for 24 hours without fever-reducing medication.
 - Other symptoms of COVID-19 include:

■ Chills	■ New loss of taste or smell
■ Cough	■ Sore throat
■ Shortness of breath or difficulty breathing	■ Congestion or runny nose
■ Fatigue	■ Nausea
■ Muscle or body aches	
■ Headache	

- If your child has two or more symptoms listed above, follow one of the two options below:
 - Option A: Test your child to determine if it's COVID-19.
 - *If they test positive*, they need to stay home for at least 5 days after symptom onset (day 0) and wear a mask for 10 days post symptom onset. If your child does not have 24 hours of symptom improvement by day 5, they should remain home until their symptoms have been improving for 24 hours (please note the 24-hour rule for fever/ diarrhea/vomit-free still applies)
 - *If they test negative*, they can return to school once they are feeling well enough (please note the 24-hour rule for fever/ diarrhea/vomit-free still applies)
 - Option B: Do not test your child.
 - If you decide not to test your child, they need to stay home for at least 5 days after symptom onset (day 0) and wear a mask for 10 days post symptom onset. If your child does not have 24 hours of symptom improvement by day 5, they should remain home until their symptoms have been improving for 24 hours (please note the 24-hour rule for fever/ diarrhea/vomit-free still applies)
- If your child is required to stay home due to COVID-19 requirements, they will be marked as excused. They will still need to make up any work or lessons they missed while they were gone. Please reach out to your child's classroom teacher if you have questions about makeup work.

3. What should I do if my child tests positive for COVID-19?

- Please notify the office to review the plan and allow for appropriate planning and communication.
- We will notify the classroom if there has been an exposure during the school day.
- Speak with your doctor or review the CDC's website for more guidance

4. What should I do if my child is exposed to someone who tests positive for COVID-19?

- Monitor your child for symptoms that could be COVID-19 (see list above)
- The CDC recommends testing if any symptoms arise or if your child is not exhibiting symptoms, they should wait 5 days after their exposure before testing.
- Your child can continue to come to school unless they get sick or test positive for COVID-19.

5. What happens if someone in my household tests positive for COVID-19?

- Regardless of vaccine status, students can continue to attend school as long as they do not develop any symptoms.
- If your child develops 1 or more symptoms that could be COVID-19, they must stay home and follow quarantine guidelines (see "What to do if my Child is Sick?" for more information on quarantine)
- They can return to school 24 hours post symptom improvement if they have a negative test. If they do not test, they must stay home for 5 days. If they test positive, they follow quarantine guidelines.
- As always, if there is an alternative diagnosis from a doctor explaining your child's symptoms, we will follow the doctor's note.

6. Are my children required to be vaccinated against COVID-19?

- Vaccines provide protection against severe illness. However, they are not required. Please speak with your family doctor before making this decision.
- This link provides information on vaccines and locations for vaccines
<https://mn.gov/covid19/vaccine/find-vaccine/locations/index.jsp>